

**Robin Fennelly, HPs.  
Oak and Willow, ASW**

**Some Important Information:**

My intent and approach in crafting a workshop is to provide a connection between multiple “pieces of the puzzle” that will serve to infuse magickal and personal transformative workings. My main goal is to open the participant to the possibilities and present the material in a way that will stoke and catalyze an interest and desire to seek out more information; while taking into consideration the “bigger picture”. I have found that in most cases, the infusion of multiple outcomes and perspectives actually helps to assist the process of narrowing down the specific area of a participant’s interest through the natural tendency towards sorting those things that we engage and interact with.

With that thought in mind, I feel it is my responsibility as a teacher who chooses to teach in this manner to be sure that the extraneous material is relevant and productive in initializing the desire to learn more. The structure I implement works to establish a bridge between the subject matter, incorporating the energetic nature of the subject area and wherever possible the core concepts of Astrology and Qabalah. This construct is then overlaid with numerology, sacred geometry, sound and color in a way that can be used for practical application. The ultimate goal for this approach is to stimulate the creative nature as it is expressed in all parts of the SELF and use it as a foundation from which growth is the imminent outcome.

**Specific Areas of Focus Are:**

- ❖ Energetic Protocol (Deity and Ritual)
- ❖ Study and Practical Use of the Qabalah
- ❖ Magickal Writings in the form of Pathworkings, Poetry and as vehicles of Breath
- ❖ Tarot as a tool for self-study and practical application

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**Listing of Workshops Available:**

**Magickal Studies**

**SPIRIT into Matter**

Within many spiritual Paths we find the goal of pursuit to be one of aspiring upwards towards the Godhead; often at the expense of overlooking the continued development of the manifest form of our bodies and physical nature. This workshop will take an in depth look at the process of maintaining the energetic circuit of flow that moves both upwards towards our Divine nature and returns, unified back into its place within human form. We will use the interface of the Qabalistic Tree of Life and the energy of its spheres and paths as blueprint for drawing down our refined Selves to enhance our experience of manifest form. Note: Basic knowledge of the Qabalah required.

**The Three Faces of Personal Devotion**

As we establish a practice that defines our concepts of personal devotion there are cycles that we go through that set the tone for how that devotion will be expressed, nurtured and evolved. This class will explore the practice of devotion through the Triune archetypes of the God and Goddess. How we may identify and better use their specific energies and what becomes the catalyst for moving into a new phase of devotional being.

**The Illuminated Wheel**

This workshop will present a look at the Witch's Wheel of the year through the lens of energetic practice and aligning the seasonal energies in support of the turning of the wheel within all parts of Self. Each sabbat will stand as a mini-workshop exploring the concepts of illuminated spark woven through the turning of the wheel. Beginning with Samhain, we will add our individual spark of light and presence to each of the sabbats and conclude with a pathworking to enliven the Illuminated Wheel we carry within. Topics include:

**Samhain-** *Drinking From the Cauldron of Knowledge:* To know the steps towards greater knowledge - The Will towards embracing transformation- To Dare to step on the path to the Higher SELF - and The Silence of crossing through the Gates of true Gnosis.

**Yule-** The Inner Awakening: This is the time of reaffirming the light within and awaiting the birth of an awakened mind, heart and spirit.

**Imbolc-** *The Quickening Fires of Brigid:* The triune Light of Healing, Power and Presence.

**Ostara-** *Seeds at Earth's Core:* What lay deep within the belly of the Great Mother and the Midnight Sun that quickens the seeds of new growth.

**Beltane-*The Tantra of Beltane*:** The Tantric practitioner seeks to use the divine power that flows through the universe (including their own body) to attain purposeful goals. These goals may be spiritual, material or both.

**Litha- *Igniting the Inner Sun*:** This is the time of power and strength, that if gathered in its fullness will carry us forward into the waning year.

**Lammas-*Sitting in the Place of Sacrifice*:** What does “sacrifice” truly mean and how can we use it’s nature of potentiality as Magickal Beings. Just as John Barleycorn willingly dies, so must we open ourselves to the place of sacrifice within that sits at the threshold of spiritual transformation.

**Mabon-*Opening to the Anima Mundi* (World Soul):** The Anima Mundi is a “pure ethereal spirit diffused throughout all nature, regarded by ancient philosophers as being the divine essence which embraces and energizes all life in the universe”. It is the Soul of the World which animates and informs all things.

## **Developing Your Intuitive Self**

Everyone has at one time or another had a “feeling” about something that occurred which was either heeded or dismissed as the stuff of superstition. And, typically, those hunches go unnoticed, thinking that average people don’t have the gift of psychism. The truth is that we all have the ability to access a deeper level of intuition and knowing. This class will explore how to develop your intuitive nature using experiential exercises and discussion of how to strengthen and open to the enhanced senses. Observation, visualization and the ability to center on the stillness within are some of the practices we will set into place as we open to our own gifts of inner knowing.

## **Green Magick: A Divine Connection to the Natural World**

This workshop will discuss what Green Magick is and how its practitioners employ use of the natural world as both Temple and tool of the God and Goddess. Animal guides, plant, tree, herbal magick and knowledge of minerals and the forces of nature are the cornerstones of this Path. How these tools are used and the role they serve in the Green Witch’s practice will be explored, as well as a look at how these practices can be used in support of modern environmental issues.

## **Where the Wild Things Are**

This workshop is an exploration of Power Animals, Totems and techniques for connecting with and accessing the primal nature within. We will discuss animal guides, their help in magickal working and connection to humans, and how to bring the energy of animal imagery into the physicality of our mundane lives. Participants will experience a Pathworking to seek your animal guide and open to your personal center of primal energy. Please come ready to share, discuss and to welcome the “sacred animal” within.

## **An Introduction to Divination**

This workshop will explore the various types of Divination, their use and basic methods of preparation and increased opening to the skill of Divination. We will look at Divination and oracular skill and its use in ancient times’ including The Oracles of Delphi, Celtic Ogham, Norse Runes and Tarot. And, how and why many of these systems are used today.

## **It's Elemental: A Study of the Elements**

This workshop provides the foundations of connection to each of the five elements of the Wiccan practice- Earth, Air, Fire, Water and Spirit. Each element, the corresponding elementals and Monarchs will be explored to reveal the true nature of the elements in physical form and expanding into the magickal application of their more refined essence. We will also look at the expression of the elements in other esoteric systems and the benefits and enhancements of using the energies of the Eastern Tattwic elemental system with Western Magick.

## **Lighting the Midnight Flame: An Introduction to Candle Magick**

Candles light the way in the darkest of nights and burn as reminders of both our inner flame of power and holders of the focus and intent in magickal workings. This workshop explores the subtleties of candle magick for personal workings. The use of colors, oil infusions, sigils and appropriate timing are some of the topics of discussion. Please bring a plain white taper candle with you.

## **An Introduction to the Qabalah within the Western Mystery Tradition**

The Deeper meaning of the Qabalistic *Tree of Life* is a study that becomes a journey into the spiritual and mystical nature of ourselves, our world and all that is of this Cosmos. Having its origins in the Jewish Mystical system of Kabbalah (The difference in spelling is generally the first clue as to which system is being used) the Western Mystery system of the Qabalah uses the energies, correspondences and analogies in the language of a magickal and occult expression. This workshop will explore the basics of the Tree, the expression of the varied energies of each of the sephiroth, the coalescing nature of the paths and the ultimate expression of the Divine as its emanates towards manifest form.

## **Honoring the Divine: From Daily Practice to Deity Specific Ritual**

This workshop will explore the many means by which we honor the God and Goddess. Topics will include a history of ancient forms of honoring Patrons and the Divine, establishing a connection with Deity on a daily basis and creating specific rituals of honor to the Deity blessing your life. Ideas for creation of altars and use of music, writing and dance as ways of expressing devotion to Deity will be discussed and shared by participants.

## **Pagan Parenting: Lighting the Way for the Next Generation**

This workshop will explore the joys and challenges faced in raising children in a Pagan home. We will discuss the milestones of childhood and how to use these to enhance the inherent magic in the innocence of a child. Topics will include age-appropriate pagan activities, circle participation, pre-adolescence curiosity, rites of passage and family support for the teen years as a pagan. Please bring pictures of your children, and a white candle to be lit as token of our support as our young people enter the mysteries of the Craft.

## **Drama: It's Use in Ritual**

Theater, music and dance have long served as vehicles of creative expression to inspire and enrich. The combined use of drama and the intent and focus of pagan mythos, and ritual are natural companions. This workshop will discuss techniques of creating choreographed and theatrically-based ritual. There will be experiential exercises included for projection of voice, expression, using the body as a means of physical energy and improvisation. The workshop will conclude with an impromptu staging of a Yule celebration.

# **Energetic Studies and Esoteric Anatomy**

## **Awakening the Energetic SELF- (An Intermediate Stand alone Workshop)**

This workshop will explore the basics of energetic practice and the body as a Sacred Vessel for the workings. Topics will include: Energetic Anatomy (Chakras/Subtle Bodies/ Nadis and Meridians) , the Cosmic & Scientific Principles of Energy, Precautions and Interventions, the Ethics of Energy Work and Personal Alchemy for Transformation. This workshop will be a balance of theory and experiential practice and will conclude with a specifically designed pathworking to create a personal Energetic Temple for Renewal and working. Please bring something small to eat and drink to aid you're your grounding. (Basic knowledge of the chakras is helpful, but not required)

## **Our Energetic Blueprint- Beginner**

This class will discuss the essential components for establishing a successful energetic practice. We will explore the variety of techniques that may be used for kick-starting the energetic process and the staples that support its movement forward in a safe and productive manner. Toning, drumming and movement will be part of the experiential work. The workshop will conclude with a pathworking to promote healthy flow through the chakras and meridians of the body.

## **I Sing the Body Electric: A Study of the Chakras**

Our bodies are amazing conductors and receivers of energy and life force. They are composed of an intricate network of neural pathways and subtle energetic ley lines. The chakras are the energy centers that are located within this subtle network. They have traditionally been part of the energetic anatomy of the physical being and used to promote spiritual well being. This class will explore what those centers are, how to use them to establish healthy and calm states of mind. This class will be experiential as well as offering information on the care and keeping of our energetic selves and what role these energetic centers play in our daily living.

## **Meditation for The Magickal Practitioner: The Inner Gateway**

Meditation has long been a core practice engaged in by those on a spiritual path. Its benefits in providing a calm center of mind and strengthening of the discipline required for extended points of focus and intent to accomplish a variety of goals in diverse settings have been enjoyed by those who maintain a consistent practice. We will take a look at the varied meditative practices and traditions and the key components of each form. Discussion of how to use these components effectively to improve focus and intent and connect with Deity, as well as suggestions for creating meditation spaces and establishing a personal meditative practice will give you the tools to enhance your magickal practice.

## **The Sacred Body: Instrument of the Divine (all level version)**

Our bodies and all that they contain are the most profound magickal tool we are bound to. They are also the most underused and often abused. This workshop will explore the body as both a physical and spiritual instrument. Topics will include exploration of our concept of the body as temple or trash can, how diet and physical exercise impact our magickal work, and opening the five overt senses as doorways to the sixth sense. We will discuss the use of our bodies, breath and sound in ritual work and share strategies to ground and center amid the stresses and demands of the mundane world. **Basic knowledge of the chakras and etheric bodies helpful, but not required.** Please wear comfortable clothing and bring your own successful strategies and practices to share.

## **The Sacred Vessel Mysteries**

The classes listed below are specific to the training, preparation and conditioning of the magickal practitioner for advanced energetic working. The intent is to open more fully to the circuit of energy in a healthy and progressive manner, thus becoming the Sacred Vessel and conduit of Light.

### **The Sacred Body: Instrument of the Divine (Sacred Vessel version)**

Our bodies and all that they contain are the most profound magickal tool we are bound to. They are also the most underused and often abused. This workshop will explore the body as both a physical and spiritual instrument. Topics will include exploration of our concept of the body as temple or trash can, how diet and physical exercise impact our magickal work, and opening the five overt senses as doorways to the sixth sense. We will discuss the use of our bodies, breath and sound in ritual work and share strategies to ground and center amid the stresses and demands of the mundane world.

**Knowledge of the chakras and etheric bodies is required.** Please wear comfortable clothing.

### **Awakening the Energetic SELF Series (4-Part)**

#### **Session One: The Energetic Temple and the Basics**

- \* Overview of the process
- \* Energy 101: The Basics
- \* Energetic Anatomy: Chakras/Subtle Bodies/ Nadis and Meridians

#### **Session Two: The Cosmic & Scientific Principles of Energy**

- \* Law of Cause and Effect
- \* Law of Vibration
- \* Law of Polarity
- \* Personal Alchemy and Transformation

#### **Session Three: A Holistic Approach to Energy Work**

- \* The Sacred Body or Fueling the Furnace
- \* Precautions and Interventions
- \* Creating an Energetic Temple for Renewal
- \* The Ethics of Energy Work

#### **Session Four: Setting the Practice in Motion**

- \* The Tides of Personal Energetic Practice
- \* Group Workings and Energy
- \* The series will conclude with a Ritual of Empowerment

## **The Gates of Light**

The Gates of Light workshop is part of the Awakening the Energetic SELF series. This workshop will take an in depth look at the energies of the Chakras, as portals of Light- Sound and Vibration. Discussion of the cross points of the lunar and solar pathways and the space of transformation that lay between; experiential exercises and practical use of their potent energies will be explored. The workshop will conclude with an experiential pathworking ritual to awaken the rainbow serpent\*\* that coalesces and carries the combined energies upwards towards communion with the Higher Self.

\*\* Please note that this is NOT an awakening or rising of the Kundalini Serpent. Note: Please wear comfortable clothing and avoid caffeine prior to this workshop.

## **Breath of Light**

On the wings of breath desire is made manifest. Air feeds us, fills us to expand and in the exhale of release leaves the space of void within to be filled. This workshop will focus on the use of breath in energetic practice. Aligning your breathing with the focus and intent of stoking the fires of the creative urge and moving it up and through the chakra vortices allows for more specific outpour to enhance magickal workings. Topics will include the discussion of the aspects of Light as expressed through color and the ultimate blending to a state of pure brilliance as we move the breath upwards towards the Godhead. This workshop is highly experiential and practice of this energetic protocol.

## **Divination Studies**

**Tarot:** levels: beginner through advanced

### **Study of the Tarot: What's in the Cards?**

This class covers the history of Tarot (Tarrochi), the relationship to regular playing cards, and the uses as a tool of prediction. Discussion of the literal and metaphoric meanings of the symbols on the cards, as well as the visual experience of the more than 100 types of Tarot decks available today. Practice will include use of different spreads, readings for family and friends and use of the cards as personal meditation tools. Participants are encouraged to purchase and bring their own decks.

### **A Study of the Tarot: Beginner**

A continuation of *What's in the Cards*, this is an in depth study of the Major and Minor Arcana. Practice sessions for reading skill development will incorporate intuitive exercises and provide the foundation for deeper connection to the meanings of the cards. Please bring a Rider-Waite tarot deck with you.

### **Tarot as a Tool for Self-Discovery**

The Ancients knew the mysteries hidden within the Tarot cards and used them not only as guides, but as lessons of self knowledge. This course will provide an exploration of the cards of the Major Arcana and application of the metaphoric "Journey of the Fool" as a means of revealing our inner strengths and weaknesses. Discussion of establishing a meditative practice around the cards and methods of gaining greater insight in our daily lives are focus points. Numerology, sacred geometry and symbols will unlock the keys to our own journey. Please bring a Rider-Waite deck. Prior knowledge of Tarot is not required.

## **A Walk Through the Major Arcana**

This workshop moves through the cards of the Major Arcana as metaphors for our spiritual journey. Each card is explored in poetic representation and through pathworking to reveal the underlying theme of transformation and deeper understanding that may be used in practical application both our mundane and spiritual paths. Each participant will create a simple tarot spread specific to the card they select as a tool of intuitive insight. (Basic knowledge of the Tarot is required)

## **Numerology:**

### **Numerology for Beginners: The Art and Science of Numbers**

From the time of Pythagoras and the early mathematicians, numbers have been a fascinating foray into the mystical and the logical. Numerology has found its way into the descriptions of the planets, the days of birth, as well as English literature and sacred geometry. Each participant will receive their own personal numerology chart and interpretation of the meaning.

## **Astrology:**

**It's Written in the Stars: An Introduction to Astrology:** The study of Astrology has been a topic of interest and mystery from Ancient times. The relationship between the stars and planets at one's time of birth and the impact of those celestial bodies on the course of a lifetime has been debated and disputed, but the scientific facts based on astronomy and its findings have uncannily been in support of many of the theory surrounding astrology.

**Beginner:** The core concepts, definitions and basic understanding of an astrological chart are taught. Topics include: Overview of Astrology as science and mystery, signs of the Zodiac, the Houses of the chart and the planets in relation to the overall chart and their placement within.

## **Magickal Writing**

### **The Magickal Pen: Creating Effective Pathworkings**

This workshop will focus on the art and nature of Pathworkings. Writing is the one of the mediums through which magick can be woven and internalized. The power of the spoken word called forth the worlds and the beings that inhabit them. When the spoken and written word are interwoven in the form of a Pathworking, magickal memories are awakened, spiritual gifts are enlivened and our perceptions of the physical and nonphysical world take on an expanded view bringing us to a place of greater gnosis. This workshop will explore the tools that are used to construct a magickal experience that opens the participant to greater understanding. Weaving the layers of mind, heart and the manifest states of being and using the tools of the Tarot, Numerology, Qabalah, Mystical Symbology and more we will create our own Paths to transformation. The workshop will conclude with a Pathworking to plant the seeds of your creative fires. Please bring something to write in and with.

## **The Magickal Pen: Writing Effective Guided Visualizations**

Pathworkings and guided visualizations are valuable and effective tools for ritual and personal magickal development. This workshop will provide useful methodology for creating powerful and creative visualizations. We will discuss the differences between visualizations, meditations and Pathworkings. Focusing on the form of guided visualization, we will learn the core ingredients for successful writing, how to effectively make use of silence or music to enhance the journeying and the basics of timing and leading a guided visualization for a group. The class will conclude by experiencing a guided visualization. Please bring note taking supplies and a recorder (optional).

## **Journaling: Pages of Transformation**

The art of journaling has been a mainstay of great writers, thinkers and mystics. This class will explore the varied uses of journaling and how this simple, yet effective tool can provide a window to your creative and inner self. Types of journals, writing prompts and exercises to stimulate the creative senses will be discussed. Each session will conclude with a writing exercise. Please bring a personally selected journal and writing tool to each session.

## **Workshop Series**

### **Awakening the Energetic SELF Series (4-Part) see under *Sacred Vessel***

A Four part series exploring the nature, core principles and tools needed to work efficiently and effectively in energetic practice.

### **First Steps on the Wiccan Path**

An Introduction to WICCA (10-Part)

Companion on-line component and course study: *A Year and A Day on the Wiccan Path*

- \* Foundations of the Craft
- \* Tools of the Craft: The "Smells and Bells"
- \* The Circle of Art: Creation of Sacred Space
- \* Turning the Wheel of the Year
- \* It' is My Intent: Crafting Effective Ritual
- \* A Study of the Elements
- \* Walking the Path: Dedication and Initiation
- \* Creating an Effective Spiritual Practice
- \* The Greater Work Within Community
- \* In the Presence of Deity

## **The Mystery of the Sabbats**

These workshops act as prelude to a ritual of celebration for each turn of the Witch's Wheel.

**Samhain - Drinking From the Cauldron of Knowledge:** To know the steps towards greater knowledge - The Will towards embracing transformation- To Dare to step on the path to the Higher SELF - and The Silence of crossing through the Gates of true Gnosis. We all desire greater knowledge, but often neglect the responsibility that is partner to gaining more wisdom. The Witch's Pyramid is based on the precepts: To Know- To Will- To Dare and To Be Silent.

**Yule - The Inner Awakening:** This is the time of reaffirming the light within and awaiting the birth of an awakened mind, heart and spirit. We will discuss the metaphorical and esoteric meaning of the return of the light and the birth of the Sun King and what steps we may take to nurture the burgeoning light within as we sit silently in the darkness of the longest night.

**Imbolc - The Quickening Fires of Brighid:** The Goddess Brighid is the triple flame of our heart, will and mind. This workshop will explore these aspects of her energy and begin the process of enlivening those energies to serve as the fires of quickening within.

**Ostara - Seeds at Earth's Core:** The belly of the Great Mother contains all that we need to grow, thrive and reach our full potential. To access this place of power and change we must connect more fully and deeply to the core of our own being. We will dive deeply into our own core of being, water the seeds of growth and await the blooms that are ready to reach upwards.

**Beltane -The Tantra of Beltane:** The Tantric practitioner seeks to use the divine power that flows through the universe (including their own body) to attain purposeful goals. These goals may be spiritual, material or both. This workshop will explore the many meanings of the Sacred Union of the God and Goddess. By definition Tantra means "an accumulation of practices and ideas which has among its characteristics the use of ritual, energy work, the use of the mundane to access the supramundane and the identification of the microcosm with the macrocosm. The Tantric practitioner seeks to use the divine power that flows through the universe (including their own body) to attain purposeful goals. These goals may be spiritual, material or both.' This energy is the foundation of sexual, alchemical and spiritual union. Join us as we take a look at the rich symbolism of this Sabbat and use its energy to consummate our Sacred Union with the Divine.

**Lammas - Sitting in the Place of Sacrifice:** What does "sacrifice" truly mean and how can we use it's nature of potentiality as Magickal Beings. Just as John Barleycorn willingly dies, so must we open ourselves to the place of sacrifice within that sits at the threshold of spiritual transformation.

**Mabon - Opening to the Anima Mundi (World Soul):** The Anima Mundi is a "pure ethereal spirit diffused throughout all nature, regarded by ancient philosophers as being the divine essence which embraces and energizes all life in the universe". It is the Soul of the World which animates and informs all things. This workshop will discuss the inter-connectedness of all living creatures. Using this understanding we will have greater connection to nature and those animal guides that share our world.

## **Creating Sacred Space (3- Wk Session)**

This series of workshops will explore the basics of creating a working space that is contained, sacred and dedicated to the work to be accomplished. Topics will include:

- ❖ Casting the Circle of Art
- ❖ Tools
- ❖ The Intent
- ❖ Moving Energy
- ❖ Quarter Castings
- ❖ Alternative Castings
- ❖ Personal Sanctuaries
- ❖ Altars
- ❖ Meditation Spaces

## **Temple of the Moon (scheduled during the waxing year)**

6- Wk Session

A Series of workshops exploring the Lunar energies and all that encompass her embrace. Based on the energies of the sphere of Yesod. Topics will include:

- \* Lunar Energetic
- \* Lunar Magick
- \* The Basics of Astrology
- \* Divination
- \* Memory and Dream work
- \* Pathworkings
- \* Daily Practice and Homework assignments

The series concludes with The Temple of the Moon Ritual: *Nuit's Mantle*

## **Temple of the Sun (scheduled during the waning Year)**

7- Wk Session

A Series of workshops exploring the Solar energies and all that is held in the strength of Light. Based on the energies of the sphere of Tiphareth. Topics will include:

- \* Solar Energetics
- \* Will/Action
- \* Celebration
- \* Solar Magick
- \* Planetary Magick
- \* Devotion and The Great Work
- \* Pathworkings
- \* Daily Practice and Homework assignments

This series concludes with the *Temple of RA* Ritual

## **Sleeping with the Goddess Series**

NOTE: Each workshop concludes with a Deity and energy specific Ritual or Pathworking

### **Sleeping with The Goddess: The Beginnings**

From a pagan perspective women's mysteries are part of our everyday Path. This workshop will uncover, explore and unleash the power of that wisdom. A look at our place in history, the present reawakening and the power of our future will be some of the topics discussed. Techniques and practical application for tapping into and harnessing the wisdom of our bodies and mind will be reviewed. The workshop will culminate with a ritual of empowerment and dedication to the sacred feminine within. Please wear comfortable clothes, a soft towel or yoga mat and a flower for the altar. This workshop is gender specific to females or those who are strongly attuned to the feminine polarity.

### **The Seven Veils of Hathor: A Study of Women's Mysteries:**

This workshop is an exploration and study of women's mysteries through the gifts of the Goddess Hathor. The Egyptian Goddess Hathor is most commonly known as the goddess of love, beauty and music. If we look at these components as Metaphors for The Triad of Creation and enlightenment we come to know Hathor as the cosmic serpent. This workshop will open us to the gifts of the uraeus as we move through the seven veils (our subtle bodies) of HER mysteries. The class will incorporate the use of sound, breath, music and dance to awaken the power of the feminine, the corresponding lunar energies within and to connect with this energy of creative outpour and reclaim the power of our Divine Kingship. The workshop will conclude with a self-designed ritual dance honoring the sacred feminine. Please wear comfortable clothing and shoes suitable to movement.

### **The Call of the Dark Goddess: Embracing the Shadow SELF:**

The Morrigan, Sekhmet, Cailleach, Kali- these names bring fear and foreboding to most. These are the Dark Goddesses of death, destruction and immense power of transformation. To answer the call is to begin a journey of discovery and excavation of the unconscious processes that keep us from more fully stepping into our synthesis of power. This workshop will explore the nature of this power and how this energy is intimately connected to what Jung termed the "shadow aspect". We will look at the archetypes of the Dark Goddess and what properties of healing, transformation and growth they can bring to the work of creating a working relationship with those darker, more hidden part of self. Please bring a small amulet, crystal or token to be empowered as tool for connecting with the Shadow Self and a small offering to be given to the energy of the Dark Goddess. A pathworking of the shadow self will conclude the workshop.

### **Wisdom of the Crone:**

This workshop will explore the myth and many facets of the Goddess as Crone. We will discuss the use of the Crone's energy in daily and spiritual work, honoring the Crone within us and what the responsibilities and charges of becoming a "Crone" mean as a rite of passage. We will finish the session with a Pathworking to ask for blessings from the Crone and receive any message she may have for us. Please bring a small token or amulet to be dedicated as a personal key to accessing your Crone energy. (Please note: This class is not gender or age-specific)

## **Cosmic Alchemy ~ Nuit:**

The Goddess Nuit serves as the Great Cosmic Mother and Queen of the Heavens. It is within her body that the stars are held, as she reaches downward towards earth and her consort, Geb. This workshop will explore the mystery of the Star Goddess, her myths and her function as conduit and gateway to the realm of star and cosmos. We will learn of our place within the fabric of her body and how we also can become the bridge of union within ourselves between the heavens and earth.

## **In the Labyrinth of the Dark Goddess ~ Hecate:**

The Dark Goddess Hecate stands at the crossroads and offers challenge to all who will overcome their fears and embrace the work of the shadow of transformation. If we overlay the energy of the Labyrinth on this intersection of the four roads, we see the deeper levels of insight and complexity that await those who accept the wisdom of Hecate. This workshop will open to Hecate in the form of the labyrinth of time that spirals first in and down towards the core of Self and then returns along the same Path forever transformed. Her tripartite nature as Maiden, Mother and Crone will be discussed and a pathworking will conclude the workshop.

### **Available 2012:**

**The Cradle Of Life ~ Isis**

**In the Service of the Divine Goddess ~ Brigid**

**Wielding the Sword of Power ~ Sekhmet's Call**

## **A Study of the Qabalah Within the Western Mystery Tradition**

Companion on-line component and course study: *A Year Within the Tree of Life*

### **The Spheres (13-Part)**

- \* Lesson One: Overview and Introduction to the Tree of Life
- \* Lesson Two: Malkuth
- \* Lesson Three: Yesod
- \* Lesson Four: Hod
- \* Lesson Five: Netzach
- \* Lesson Six: Tiphareth
- \* Lesson Seven: Geburah
- \* Lesson Eight: Chesed
- \* Lesson Nine: Da'at and The Dark Night of the Soul
- \* Lesson Ten: Binah
- \* Lesson Eleven: Chokmah
- \* Lesson Twelve: Kether
- \* Lesson Thirteen: A Return to the Kingdom

## **The Paths (10-Part)**

This series of workshops combines the Paths of the Tree using sacred geometry, the foundations of each path's meaning and a study of the Hebrew letter and card of the Major Arcana. Looking at the Paths in this way as groups of cohesive energy provides a greater level of connection and understanding of the energetic interactions within the Tree as applied to practical application. This series concludes with a *Ritual of the Supernals*.

## **Other Offerings:**

### ***Serenity Nights: Tools for Stress Reduction***

Each class focuses on a theme of discussion and exploration based on principles of meditative practice and resources supportive of a more resilient response to stress. The sessions will be both informative and experiential, drawing from an eclectic source of inspiration and knowledge. Information will include holistic wellness, stress management, tips and techniques for navigating through the week ahead in a peaceful and productive manner. Handouts and resource suggestions will be provided at each session and the evening will conclude with a 20-minute guided meditation centering on the topic of the week. A written transcript of the meditation will be distributed for your personal use.

### ***Honoring the Sacred Self***

The cycles of life, birth and death, coming of age, rites of passage all encompass the span of a human lifetime. This class will explore the various ways specific times and events in life have been honored and how the establishment of these traditions has enhanced the joy of living. Ideas for creating your own traditions of honoring these cycles will be discussed and shared

### ***The New Age of Holistic Health***

This class will provide an overview of the alternative modalities available relating to nutrition, health and well being. Holistic health encompasses the whole of the being, inclusive of spiritual, mental and physical. Topics will include: homeopathy, acupuncture, Reiki, hypnotherapy, meditation and holistic nutrition.

***Please note: no practitioner referrals, or medical advice or judgment will be given. This class is for information purposes only.***